



Spring Term 2022- Week 5

Working in conjunction with the Telford Food Share Project the nursery is able to put together a weekly menu that uses a variety of ingredients that are healthy, nutritious and tasty. Some of the food used, has been donated by the Food Share project. Often the donations are surplus foods that would end up being wasted. We are working with the Food Share to reduce this waste by using what we can in our menus. We would like to reassure you that the food is all perfectly edible and safe for consumption. The overall goal of this partnership is to reduce food waste, but in the future, we would like to be able to offer our families and the local community meals made from this produce. This is our bid to help those that are struggling and find themselves in financial hardship. If you want to get involved or require more information, then please contact the nursery for details.

Week Commencing 31st January 2022

Monday	Tuesday	Wednesday	Thursday	Friday
Tuna pasta bake with cheesy topping and garlic bread	Chinese chicken curry, rice and prawn crackers	Spaghetti bolognese with salad	Jacket potatoes with a choice of tuna, cheese or beans topping	Chicken fajitas with savoury rice and yoghurt dip
Oaty bites	Pineapple upside down cake and custard	Home-made cupcakes	Fromage frais pots and fruit slices	Rice pudding

**Please be aware, allergens may be present in all dishes being served. These include: Celery, cereals containing gluten, crustaceans, eggs, fish, lupin, milk molluscs, mustard, nuts peanuts, sesame seeds. Just ask if you have any queries on food being served.*

Children are also offered a morning and afternoon snack, often this is fruit but we do have a selection of alternatives such as crackers, sandwiches, breadsticks and yoghurts.

Milk is also available during snack times and water is always available throughout the whole day although it is recommended that children bring in their own drinks bottles to minimise cross infection and help keep children hydrated.